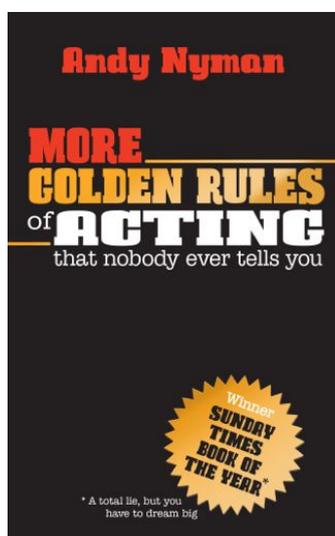


Published by Nick Hern Books

A second book of essential advice and insight for actors



More Golden Rules of Acting

by Andy Nyman

Further priceless and witty nuggets of wisdom,
from an experienced actor, writer and
director – full-colour illustrations throughout

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Andy Nyman's first book, *The Golden Rules of Acting*, has become a bestseller in the acting world. Now he returns to bring performers more priceless nuggets gleaned from more than thirty years in the acting business.

This book will help actors to...

- Learn to love auditions and self-tapes (yes, really!)
- Look after their mental health
- Deal with success and failure
- Burst a few bubbles that need bursting

Written with the same candid wit as his first book, this is every actor's new best friend – in handy paperback form.

Andy Nyman said: 'I've been blown away with the response to *The Golden Rules of Acting*. The love it's received - from newcomers to film stars - is truly overwhelming.

More Golden Rules of Acting has been written in the same way as the first volume: noting and observing lessons I have learnt in the seven years since the first book came out. It addresses many new themes that have emerged in that time, such as self-taping and managing one's mental health. I truly hope actors love it as much as they do the first book.'

Praise for *More Golden Rules of Acting*

'With great humour, wisdom and panache, Andy Nyman presents tasty advice for any actor. He knows that the more rules and craft under your belt, the more daring and original you will be as an artist' Glenn Close

'As with the first volume, this book gets to the heart of what being a working actor is about. No fuff, no mystery, just practicalities that are always worth being reminded of' Martin Freeman

'One man shouldn't be so wise and entertaining, but Andy Nyman somehow is. His latest Golden Rules are exactly that — and wild fun, to boot. I recommend this book not just to actors, but to anyone who has ever seen an actor act. Nyman's insights apply to us all' J.J. Abrams

[CONTINUED OVERLEAF – PAGE 1 OF 2]

About the author



Andy Nyman has appeared in many films, including *Severance*, *Death at a Funeral*, *The Commuter*, *Judy* and *Jungle Cruise*. He won the coveted Best Actor Award at the 2006 Cherbourg Film Festival for his performance in indie movie favourite *Shut Up and Shoot Me*.

On television he has played an incredibly diverse range of roles, including Winston Churchill in *Peaky Blinders*, Jonty de Wolfe in Channel 4's cult comedy *Campus*, and Patrick in Charlie Brooker's BAFTA-nominated series *Dead Set*. Andy has also appeared in many plays, including Martin McDonagh's *Hangmen* and Mike Leigh's *Abigail's Party* in London's West End, as well as Stephen Sondheim's *Assassins* at the Menier Chocolate Factory, and the lead role of Tevye in Trevor Nunn's acclaimed revival of *Fiddler on the Roof* at the Menier and in the West End.

Andy has co-created and co-written many of Derren Brown's television and stage shows alongside Derren. Together they created some of the most notorious and popular TV of recent years, including *Russian Roulette*, *The System*, *The Heist* and *The Events*, including predicting the National Lottery result. Andy has also co-written and directed most of Derren's stage shows, including *Something Wicked This Way Comes*, which won them the 2006 Olivier Award for Best Entertainment, and *Secret*, which won them a New York Drama Desk Award.

In 2010, along with Jeremy Dyson, Andy wrote and directed the stage play *Ghost Stories*. It broke box-office records at theatres and led to three West End runs, and productions all over the world. In 2017 Andy and Jeremy Dyson wrote and directed the award-winning feature-film version of *Ghost Stories*, starring Andy, Martin Freeman, Paul Whitehouse and Alex Lawther. Among much acclaim, it was voted the 16th Best Horror Film of All Time by *Empire Magazine*.

Andy's first book, *The Golden Rules of Acting*, has become a much-loved best-seller within the acting world.

Praise for *The Golden Rules of Acting*

'Probably the most important book on acting and actors I've ever read; period! Keep it by your bedside at all times!' Liam Neeson OBE

'I absolutely devoured this book. Yes, it's witty but it's also sincere, informative, practical and humble in its truths' Toni Collette

'Sage advice and wisdom for actors, and non-actors alike... truthful, eye-opening and insightful, reading it feels like getting tips and advice from a friend down the pub; it is a goldmine of information' *Huffington Post*

'Andy's distilled guidebook is smart, hilarious, and just might get you work!' Neil Patrick Harris

'Like having a friend in your pocket! Supremely practical, wise, reassuring, inspiring and funny – chockful of good humour and good sense' Keeley Hawes

'Christians have the Bible, now actors have this book. At last, everyone is happy' Simon Pegg

'Honest, uplifting, expert advice from a genius of the craft' Riz Ahmed

'Like its author, this little book is packed full of wit, wisdom and good things' Matthew Macfadyen

'When I was starting out, wanting to read about how to unlock the mysteries of working in the theatre, I could only turn to Stanislavski. But now, you lucky young people (and indeed people of all ages), there is Nyman. One-tenth the length, a hundred times funnier and crammed with practical wisdom... read it and in every sense, you'll have a head start' Trevor Nunn

For further information and review copies, contact Jon Barton, Marketing Manager, jon@nickhernbooks.co.uk or 020 8749 4953